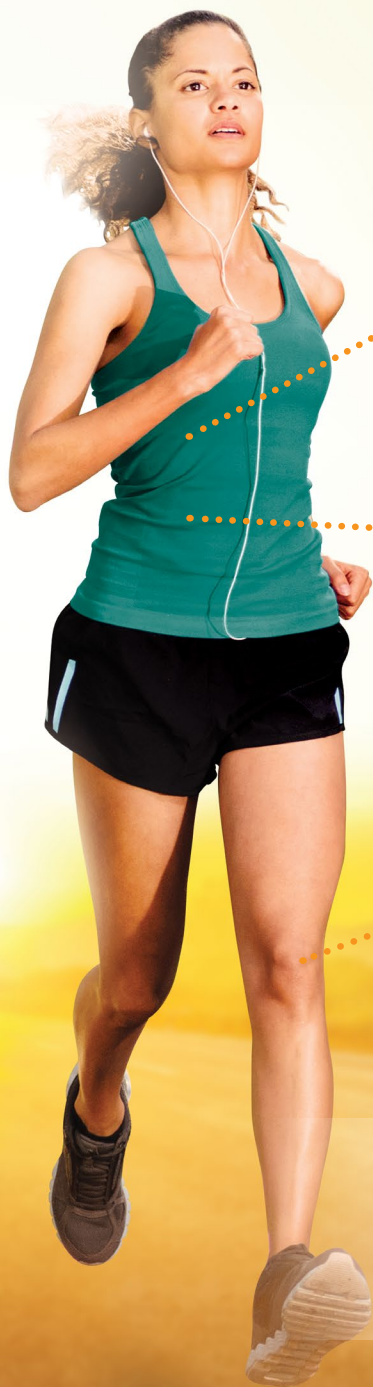


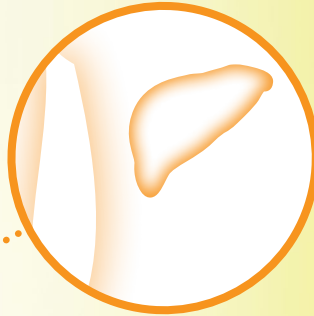
MEDI  HERB®

Turmeric Forte

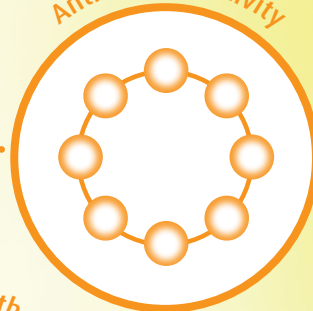
Standardized for Bioavailable Curcumin^{*,+}



Liver Health



Antioxidant Activity



Joint Health



Supports a healthy
inflammation
response*



+Contains dietary ingredient (formulation of curcumin with fenugreek dietary fiber), found to have enhanced bioavailability of curcuminoids than unformulated curcumin.⁷³

MediHerb® Turmeric Forte

Standardized for Bioavailable Curcumin^{*,†}

Why use MediHerb® Turmeric Forte?

- ✓ Supports a healthy inflammation response
- ✓ Used traditionally to maintain and support healthy joints
- ✓ Provides antioxidant activity
- ✓ Supports healthy response to environmental stressors
- ✓ Supports healthy liver function
- ✓ Used traditionally to support healthy digestion*

Patients who may benefit from MediHerb® Turmeric Forte include:

- ✓ Those requiring support of the body's normal inflammatory response
- ✓ Those requiring joint support
- ✓ Older patients, athletes and those with an active lifestyle wanting to maintain healthy joint mobility
- ✓ Those requiring antioxidant and liver detoxification support*

Additional Therapy

- Combine with Boswellia Complex tablets for healthy circulation and additional joint support.
- Combine with LivCo® tablets to support healthy liver function.
- Combine with Vitanox® tablets for additional antioxidant activity.
- Combine with DiGest Forte tablets to support healthy digestion and intestinal function.
- Combine with Saligesic tablets to temporarily relieve exercise-related lower back discomfort.
- Consider Horsechestnut Complex tablets to support healthy peripheral circulation.*



Combination of Fenugreek seed dietary fiber and Turmeric rhizome extract which works together to support a healthy inflammation response.*

Supplement Facts

Serving size:	1 Tablet	
Servings per container:	60	
Amount per Serving		%DV
Calories	2	
Fenugreek seed 5.5:1 extract from <i>Trigonella foenum-graecum</i> seed 722.7 mg	131.4 mg	†
Turmeric rhizome 55:1 extract from <i>Curcuma longa</i> rhizome 6.35 g Containing curcuminoids 100 mg Containing curcumin 81.5 mg	115.6 mg	†
† Daily Value (DV) not established.		

Other Ingredients: Cellulose, croscarmellose sodium, sodium starch glycolate, magnesium stearate, silica, hypromellose and calcium phosphate

Suggested Use:

1 tablet 1-2 times daily, or as directed.

M1448 60 tablets

Please consult the product packaging label for the most accurate product information. See cautions and/or contraindications on the product label before dispensing.

*Contains dietary ingredient (formulation of curcumin with fenugreek dietary fiber), found to have enhanced bioavailability of curcuminoids than unformulated curcumin.³

Turmeric Explained

History of Turmeric

The rhizome of *Curcuma longa* (Turmeric) has been used for thousands of years as a spice and in Ayurveda tradition.

Science has long supported this proud tradition, with Turmeric and particularly the important active, curcumin, being extensively studied.

Curcumin is the active component of the rhizome of Turmeric and is often used as shorthand for the total curcuminoids, namely curcumin, demethoxycurcumin and bisdemethoxycurcumin.

Curcumin is known to down-regulate numerous inflammatory mediators and exhibits antioxidant activity as well.*

We have known since the 1980s that curcumin has poor bioavailability whether taken as food or as a standardized extract. The poor oral bioavailability of curcumin has been regarded as a key factor limiting its use as an efficient natural supplement, despite the numerous health benefits associated with it.*

MediHerb® Turmeric Forte is a formulation of Fenugreek seed and Turmeric rhizome which has been standardized to deliver bioavailable curcumin* so it may be easier to absorb and allows patients to take fewer tablets and get the desired outcome.*

Features and Benefits

- ✓ Contains clinically tested active ingredient (formulation of curcumin with Fenugreek dietary fiber) which has shown that the relative absorption of curcuminoids had **24.8 TIMES** the bioavailability of an equivalent amount of unformulated curcuminoids.^{3*}
- ✓ **Multi-Action Formula** – MediHerb® Turmeric Forte provides increased scope for health care professionals and can be prescribed in conjunction with existing protocols where additional anti-inflammatory support is indicated.*
- ✓ **Standardized MediHerb® Specifications For Bioavailable Curcumin** – MediHerb's stringent testing processes ensure the total curcuminoids are retained in the product throughout manufacture.
- ✓ **Unique MediHerb® Extract** – manufactured to MediHerb® standards of phytochemical profile by using the traditional solvents ethanol and water which allow for broader extraction.
- ✓ **MediHerb® Manufacturing Expertise** – manufactured in Australia to pharmaceutical GMP standards.
- ✓ **Provides "Free Curcumin"** – bioavailable form of curcumin helping you support your patients.
- ✓ **Plant-Sourced Bioavailability Technology** – MediHerb® Turmeric Forte uses a plant-sourced bioavailable form of curcumin by combining Turmeric rhizome with Fenugreek seed extract.
- ✓ **GMO Free***



Curcuma longa



Trigonella foenum-graecum

Complementary Products for better patient outcomes:

MediHerb® Turmeric Forte can be prescribed as additional support with other MediHerb products to support a healthy inflammation response.*

Each patient's individual needs should be evaluated before making recommendations.

Use the diagram below as a guideline to prescribe accordingly.

MediHerb® Turmeric Forte

1 tablet 1-2 times daily,
or as directed



Antioxidant Activity Vitanox®

1 tablet 1-2 times daily,
or as directed
For additional antioxidant
activity*

Liver Support LivCo®

1 tablet 3-4 times daily,
or as directed
To support healthy liver
function*

Joint Support Boswellia Complex

1 tablet 2-4 times daily,
or as directed
For additional joint support*

Circulation Support Horsechestnut Complex

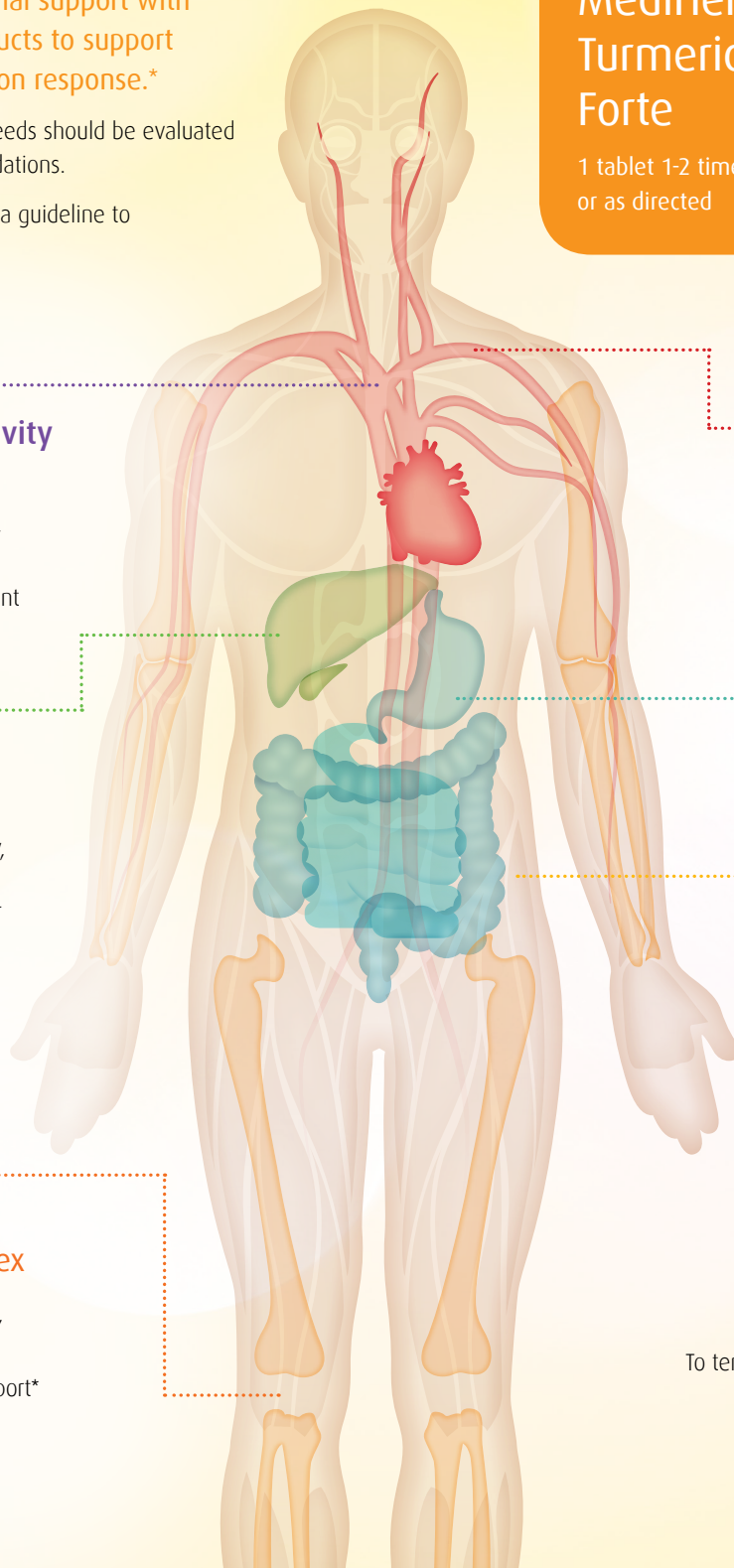
1 tablet 2-3 times daily,
or as directed
To support healthy
peripheral circulation*

Digestive Support DiDigest Forte

1 tablet 3 times daily,
or as directed
Used traditionally to support
healthy digestion and
intestinal function*

Musculoskeletal Health Saligesic

1 tablet 2-4 times daily,
or as directed
To temporarily relieve exercise-related
mild lower back discomfort*



Increased Bioavailability*⁺

With Free Curcumin

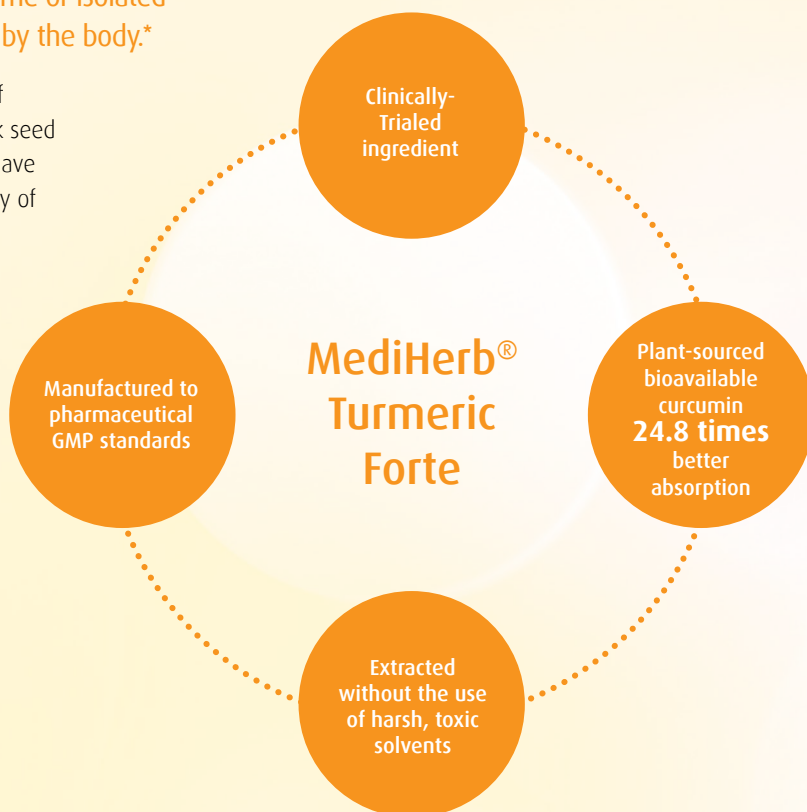
Traditional curcumin is known to have low bioavailability.¹

Low bioavailability is partly due to poor absorption, rapid metabolism and rapid clearance from the body.¹ This means when non-bioavailable curcumin is swallowed, either as Turmeric rhizome or isolated (unformulated) curcumin, a lot of it is not used by the body.*

MediHerb® Turmeric Forte provides a bioavailable form of curcumin by combining Turmeric rhizome with Fenugreek seed extract creating “free curcumin.” Several clinical studies have demonstrated the enhanced absorption and bioavailability of this curcumin-fenugreek extracted formulation compared to “unformulated” curcumin. MediHerb® has chosen specialized plant-sourced bioavailability technology that provides “free curcumin” helping you support your patients.

The absorption and bioavailability of the “curcumin”-fenugreek fiber extracted formulation has been compared to unformulated “curcumin” in several clinical studies.

- In a clinical study, the curcumin-fenugreek fiber extracted formulation had **24.8 TIMES** the bioavailability of an equivalent amount of unformulated curcuminoids.^{3*}



What does this mean?

This means that by taking curcuminoids in the form where it is combined with the Fenugreek fiber, more curcuminoids make it into the blood. Often, this allows for a smaller dose of curcuminoids to be taken.*

+Contains dietary ingredient (formulation of curcumin with Fenugreek dietary fiber), found to have enhanced bioavailability of curcuminoids than unformulated curcumin.³

¹ Anand P, Kunnumakkara AB, Newman RA et al. Mol Pharm 2007; 4(6): 807-818

² Krishnakumar JM, Ravi A, Kumar D et al. J Funct Foods 2012; 4(1): 348-357

³ Kumar D, Jacob D, Subash PS et al. J Funct Foods 2016; 22, 578-587





The Quality Choice for Practitioners



Over 30 years of experience in natural medicine

For over 30 years, MediHerb® has provided health care professionals with high-quality herbal products. Our own primary research, clinical experience and respect for traditional evidence defines our approach to innovation – tried, tested, trusted and true.



Manufactured to pharmaceutical GMP standards

All MediHerb® products are manufactured under pharmaceutical GMP and subject to our rigorous and specialized testing to ensure they contain what is on the label for suitable clinical results batch after batch. We've invested in our own state-of-the-art laboratories featuring the latest technological equipment for precision, accuracy and quality control. Our testing occurs at various stages of production and follows strict criteria, so you can be sure every MediHerb® product is of the highest quality and consistent potency.



Results-driven formulations

Standardized ingredients and quantified activity levels are tested where relevant and allow us to ensure MediHerb formulas retain potency and deliver suitable doses throughout their shelf life. Our labels state exactly how much each product contains of the important plant constituents, so you know exactly what you are prescribing to your patients and can rest assured that our formulations are produced at suitable doses.

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* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



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